

COST OF LIVING COMMUNITY FUND RESOURCES

Although we are all impacted in some ways by increases in the cost of living, there is a need for clear research and storytelling that highlights the impact on those most affected. This is a collection of online resources that could inform and inspire organisations applying to the Cost of Living Community Fund

REPORTS & STORYTELLING

[Going Under and Going Without – Joseph Rowntree Foundation](#)

A report presenting a national picture on cost of living highlighting risks to *“people on Universal Credit, private renters and young adults. Households with members from black, mixed and Asian backgrounds, people with children, disabled people, and people with a mental health condition all also face stubbornly high, if not rising, risks.”*

[The Cost of Living – New Economics Foundation](#)

A video highlighting cost of living issues through the lives of women in the Rother Valley.

[Parliament Library Resources on Cost of Living](#)

Raw data and government response to cost of living increases.

[How to Survive the Winter – Gordon Brown](#)

Analysis and recommendations from a former prime minister on dealing with cost of living increases.

[Cost of Living Crisis to hit students harder than expected – Institute for Fiscal Studies](#)

[Ethnic minority households will be among the hardest hit by the cost of living crisis – Runnymede Trust](#)

[Disabled People’s Stories – Disability Horizons](#)

[Children in a Cost of Living Crisis – The Children’s Society](#)

[Survey Shows Impact on Mental Health - BACP](#)

[Heat or eat diaries – The Guardian](#)

A collection of first hand stories of people encountering issues because of Cost of Living increases.

LOCAL RESOURCES

[Plymouth City Council Cost of Living Page](#)

[Plymouth Online Directory Cost of Living Page](#)

[Warm Welcome Spaces – Transforming Plymouth Together](#)