

POP+ Children and Young People Network Newsletter December 2020

This group has a Facebook page “Plymouth Children & Young People Network”, [click here](#) to join.

Next meeting - Tuesday 23rd February 10AM-12PM, venue TBA.

Register here:

<https://www.eventbrite.co.uk/e/children-young-people-network-meeting-tickets-131045688181>

Updates from across the Network

CHILDREN IN NEED



Juliet Williams (impact manager for the SW) talked about the new grant funds CiN are launching:

Small Grants 2020 – Up to £10,000 per year. Organisations can apply for up to (and including) £10,000 per year.

Main Grants 2020 - Over £10,000 per year. Grants may be up to 3 years in length. Organisations can apply for £10,001 or more, per year

Your organisation must have been active for at least three years. If your organisation is newer than this, please consider the Small Grants Programme.

Other Key Information:

The fund opens on 24th November. The deadline for all applications is 21st December 2020 at 11.30am. There will be another round of these grants in 2021.

You can contact Juliet before applying Juliet.Williams1@bbc.co.uk to get a better idea of what might be funded. Decisions on Main Grants will be made by the end of April 2021.

Find out more: <https://www.bbcchildreninneed.co.uk/grants/covid-19-funding-streams/>

TOGETHER FOR CHILDHOOD



From Shelley Shaw (Development & Impact Manager):

Together for Childhood is working collaboratively, developing, and testing effective approaches for preventing child abuse, drawing on examples of best practice from around the world. It's creating a wide range of local partnerships between social care, schools, health, voluntary and community groups, alongside the police, NSPCC, and communities.

Together for Childhood aims to:

Prevent child abuse and neglect in families facing adversity

Prevent child sexual abuse and support children and their families.

Achieve systems change, which is about addressing how agencies and organisations work together to prevent abuse. It also uses a place-based approach, focusing action at a local scale to achieve its goals. Shelley talked about how through a grant from the Samworth Foundation, the project has 2 youth workers working with schools and groups, developing peer to peer work on problematic relationships. Due to the pandemic, much of this work had to be done virtually, including the young people writing and producing a RAP in partnership with Plymouth Music Zone.

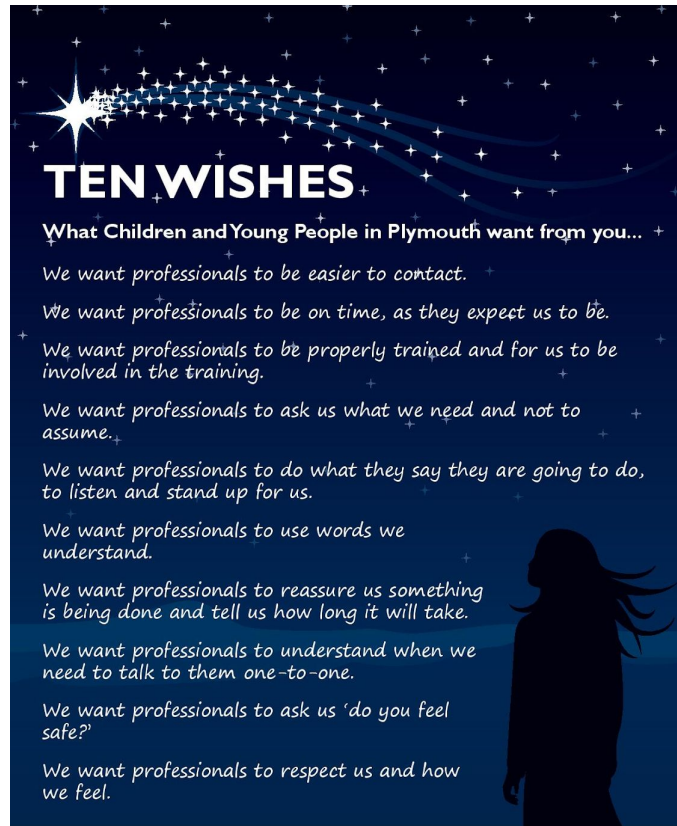
CAP UK (Child Assault Prevention)



Emma Hermon-Wight told us about how they have to take a fresh approach to delivering their school programme. CAP takes a fresh approach to assault prevention, aiming to reduce fear by focusing on what children can do, rather than on what they can't. The workshops are designed to build children's confidence and self-esteem and are lively and fun. Children learn through drama and discussion with trained facilitators about their rights of safety, strength and freedom. We encourage them to be proud of these rights and to respect the rights of others. Through the workshops they learn that they have the ability to protect themselves in unsafe situations.

Plymouth and Torbay Safeguarding Children Partnership

would like children and youth groups to have a look at the "Children's 10 Wishes" to consider if we think they are still relevant for children and young people in the city. PTSCP would like to hear your views and thoughts on the Ten Wishes. Please [click here](#) for a questionnaire about these 10 wishes to pass on to young people in your organisation.



TEN WISHES

What Children and Young People in Plymouth want from you...

- We want professionals to be easier to contact.
- We want professionals to be on time, as they expect us to be.
- We want professionals to be properly trained and for us to be involved in the training.
- We want professionals to ask us what we need and not to assume.
- We want professionals to do what they say they are going to do, to listen and stand up for us.
- We want professionals to use words we understand.
- We want professionals to reassure us something is being done and tell us how long it will take.
- We want professionals to understand when we need to talk to them one-to-one.
- We want professionals to ask us 'do you feel safe?'
- We want professionals to respect us and how we feel.

www.plymouthscb.org.uk
01752 307535
psc@plymouth.gov.uk



Emma Crowther (Strategic Commissioning Manager) Plymouth City Council

Emma said that she had been impressed by how agencies, voluntary groups and communities had worked together during the crisis to support children and young people, but still need to keep supporting them.

Emma shared information on some of the latest events and initiatives:

EPS Critical Incident Response

EP Service Critical Incident Response that has been circulated to schools and settings and are on the local offer pages:

<https://www.plymouthonlinedirectory.com/plymouthlocaloffer/educationalpsychologyservice>

The link above also takes you to the EP Local Offer page, where there is specific reference to our Critical Incident response.

Livewell Southwest launch two unique health websites for children and young people

[Health for Kids](#) and [Health for Teens](#) cover subjects that promote health and wellbeing, with the aim of educating and helping young people to make the right choices and teach children about their health in a fun and engaging way.

Livewell is working with Leicestershire Partnership NHS Trust, (LPT) who came up with the original concept and design of the websites. LPT had lots of input from children and young people about how the websites should look, what colours they liked, and what they'd prefer to see on the sites.

Sara Kirkup, Children's Professional Lead at Livewell Southwest, said: "We're delighted to work with LPT and have this opportunity to launch local area pages for Plymouth on the Health for Teens and Kids websites.

"The sites not only give children and young people helpful health and wellbeing guidance, but can be accessed by parents, carers and teachers to utilise the variety of resources available such as interactive games, signpost to other local health services or download relevant information materials.

"People can also search for contact details of their Public Health Nursing Teams."

Health for Teens is aimed at those aged 11 to 19 years of age, and features information on:

- Text your School Nurse
- Mental health support during COVID-19
- Dental health and finding a dentist
- Support and wellbeing

Health for Kids is aimed at those aged 4 to 11 years of age and their parents or carers. As well as a range of interactive games for little ones, the site will contain information on:

- Mental health support for new parents
- Online breastfeeding support group for mums
- Devon DadPad, an app for new dads
- Common childhood illnesses

Both websites also have plenty of helpful reminders of Livewell's secure text messaging service, [ChatHealth](#).

ChatHealth allows parents, carers and young people in Plymouth to send messages to a dedicated number. Texts are responded to by the Livewell Southwest Health Visiting and School Nursing Team within one working day.

Who's in Charge? Campaign

<https://www.bhamcommunity.nhs.uk/about-us/news/latest-news/whos-in-charge-video-campaign/>

Alcohol awareness campaign urges parents who drink to ask – ‘Who’s in Charge?’

- Parents urged to consider dangers of drinking while looking after children.
- Risks heightened by effects of coronavirus pandemic.
- More than 300 reported child injuries and deaths in England and Wales since April.

A new video campaign has been launched in response to increasing concerns that growing numbers of babies and children are at risk of serious harm because of the way some parents and carers consume alcohol at home.

The campaign – launched in **Alcohol Awareness Week** - asks adults consuming alcohol at home while responsible for children a simple, but potentially life-saving, question – ‘when you drink, who’s in charge?’. It urges parents, and others with responsibility for children, to be aware of a range of potentially dangerous consequences of drinking alcohol while caring for children.

In an online speech to the National Children and Adults Services conference this month, Ofsted’s chief inspector Amanda Spielman highlighted growing concern about preventable unexpected infant deaths, citing cases of babies being endangered by not being put down to sleep safely, instead sharing a bed or sofa with a parent or other carer who has been drinking.

For further information [click here](#).



POP+ is one of many partners working to set up a web of Neighbourhood Care Networks across the city to see us through these difficult times.

Through the NCN’s we can offer practical support, reassurance and companionship, and let people know that they are not alone. From helping to pick up prescriptions to walking the dog, individuals have been amazing at supporting their neighbours.

Want to help out in your community? If you’re an individual or an organisation that wants to be involved, text this city-wide number 07411 949 742 and you will be contacted by someone local to you, who will welcome your support.

FUNDING

THE ASDA FOUNDATION FEEDING COMMUNITIES GRANTS - Grants up to £1,000 for UK grassroots not-for-profit organisations to provide meals to people in need in the lead up to Christmas.

- Application deadline: 6th December

<https://www.asdafoundation.org/foundation-grants>

THE YORKSHIRE BUILDING SOCIETY CHARITABLE FOUNDATION - Grants up to £2,000 for UK registered charities for projects that reduce poverty, improve health and save lives, particularly where beneficiaries are children, the elderly, homeless, people with a disability or people who are seriously ill. ●

Application deadline: 31st December

<https://www.ybs.co.uk/your-society/charitable-foundation/index.html>

SPORT ENGLAND RETURN TO PLAY FUND SMALL GRANTS - grants between £300 and £10,000 for not-for-profit community organisations in England for projects that address barriers caused by COVID-19 that are preventing people from taking part in sport and physical activity.

● Application deadline: Open

<https://www.sportengland.org/how-we-can-help/our-funds/return-play-small-grants>

Grants to Support Children's Health and Education Grants of up to £30,000 are available to registered charities for projects that improve the education and health for young people with disabilities; mental health issues and life limiting conditions. Applications from schools and hospitals are welcomed as long as they are made through an appropriate registered charity. The funding is being made available through the DM Thomas Foundation Central Grants Programme

● Application deadline: 4th February 2021.

<https://www.dmthomasfoundation.org/what-we-do/grants/dmtf-central-grants/>

Grants to Cover Running Costs for Small Charities (UK) Grants of £300 to £2,000 are available to small charities to help them to pay for running and core costs. The funding is available to registered charities (Community Interest Companies are excluded) working in the areas of literature, arts and heritage; social welfare; environmental causes and animal welfare; education and training; and healthcare. The funding is being made available through the Marsh Christian Trust. There are no application deadlines. Examples of the support given include core costs for Compaid, a digital skills centre in Kent that supports people with disabilities and sensory impairments and Glassdoor, an organisation that offers shelter to the homeless in London.

● Application deadline: Open <https://www.marshchristiantrust.org/grants/>

Woodward Charitable Trust (UK) Charities, social enterprises, and community interest companies can apply for funding of up to £3,000 through the Woodward Charitable Trust. The Trust supports projects that support children and young people, disadvantaged families and prisoners, and ex-offenders. Preference is given to small to medium-sized charities where small grants can have more impact. Priority is given to projects that make good use of volunteers, encourage past and current users to participate, and ensure that funds awarded are being well used.

● Application deadline: 28th January 2021.

http://woodwardcharitabletrust.org.uk/general_applications/



Since September, POP+ has given £6,355.88 to 26 Plymouth-based groups through **£250 a POP**. If your work brings social or environmental benefit to Plymouth, you could receive up to £250 for incidental costs since 16 March. We have enough funding remaining for **at least 34 more applications**. [Click here](#) to register.



POP+ Collectives will award £3,000 to collaborative projects to benefit Plymouth socially or environmentally. The POP+ membership is taking an active role in this process, offering peer support and rating the Collectives each week. [Click here](#) to find out more about POP+ collectives.